



East Ridge Community School

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Welcome back to the 2019- 2020 school year. We're excited to see all the students that we know returning and to embrace the many new students. This is East Ridge's third year, which means we are in full gear, offering strong academic achievement, a plethora of athletic opportunities and tremendous extracurricular in music and the arts. We believe in setting strong culture that embraces everyone's background and beliefs to ensure a welcoming, supportive environment. It's an exciting time to be a Falcon, especially with the Green Spacing initiatives (most of the new trees survived the drier summer!), the 2 brand new Gaga Ball pits, and new soccer nets. East Ridge: The place where learning and understanding is rich and deep.

As always, if you have any questions or concerns, please call the office (519) 376- 2010. Here's to a great school year. A warm welcome is extended to everyone from the Teachers, Early Childhood Educators, Educational Assistants, Custodians, Office Professionals and Administrators. Work hard and reach high.

Welcome to The Umbrella Project!

This school year, your child will be participating in The Umbrella Project. The Umbrella Project is a curriculum designed to help your child learn the skills of emotional wellbeing. Our goal is to help children prepare for all of life's weather and we welcome opportunities to grow and improve. This year we will be focusing on:

September - Umbrella Project Intro
October - Empathy
November - Growth Mindset
December - Cognitive flexibility
January - Authenticity
February - Purpose
March - Kindness
April - Self-efficacy
May - Optimism
June - Mastery/Hope& Lifestyle

Developing these skills will help your child lead a happier, more successful life. Learn more on the umbrella of emotional wellbeing on our website here: <http://www.umbrellaproject.co/video/>

You are invited to follow along with your child's learning journey for each new skill by subscribing to our weekly newsletter (details below) where we will provide information, stories, challenges and tips about fostering the skill your child is focusing on in class. Caregivers have a powerful impact on childhood wellbeing and your participation will help to deepen your child's understanding of these important skills.

You can also follow the Umbrella Project on social media for additional tips, resources and information. Find all the details here: <http://www.umbrellaproject.co/parent-resources/>

Join our Facebook Group: <https://www.facebook.com/groups/1995234500551662>
'Follow' our Tweets: <https://twitter.com/umbrellapjct>

Important Dates

Sept 3: First Day of school

Sept 5:
Chocolate Bar Sales Begin

Fall Fair:
Sept 25 (Registration);
Sept 26: Fair

Sept 27: PD Day

Oct 14: Thanksgiving

Primary Sub Day: Last Thursday of every month



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Chocolate Bar Fundraiser

The BIG East Ridge Fundraiser will begin fundraiser Thursday, September 5th, 2019. This fundraiser was extremely successful in previous years. Our goal is to raise \$15 000 to help subsidize electives and the East Ridge Forest School program. In addition, each homeroom class will be receiving funds to help cover costs such as class trips.

Students in grades JK-3 must make arrangements with their homeroom teacher to pick up their boxes. Students in grades 4 to 8 will be bringing home one case of Laura Secord chocolates this Thursday. These are made in a facility that guarantees to be peanut and nut-free.

There will be a homeroom competition for junior and intermediate divisions. The top class from each division will win \$150 to spend towards class trips and/or parties.

Prizes for K to 8 top sellers include:

- A Nintendo switch
- A Hoverboard and HoverKraft combo
- \$75 cash
- Attack Swag
- Giant chocolate bars

More information will be sent home later in the week. Thank you in advance for your support.

Breakfast Club

Breakfast Club will kick off on Thursday September 5 at 8:30AM in the atrium with a cold breakfast. On Monday September 9 hot breakfasts will begin. Students are to access through back doors on the tarmac. If you're interested in volunteering to help support this great program, please stop in at the office and we will connect you with Elizabeth Charleton.

Pick up and Drop Off

Please park using the east parking lot. The front exit on 8th Street East flows best with right turns only between 8:30- 9AM and 3- 3:30PM. To help you turn left, please use the 16th Ave exit, turn right and then left at the lights on 8th Street East..

Tight hugs and happy good- byes are a delight to see at the gate in the drop off zone. Let your Falcon fly.

SAVE THE DATE

The 165th Sydenham Fall Fair takes place Thursday, September 26th during the school day at East Ridge School & Victoria Park. Exhibit registration and drop off will take place Wednesday, September 25th from 5:00pm-7: 30 pm.

MANY MANY volunteers will be needed for this fun-filled event.

Full details will come home in backpacks Monday, September 9th.

New this year will be the addition of the Sydenham Fall Fair Family BBQ so all parents have an opportunity to experience the Fall Fair Fun!

For more details or a digital version of this year's Fall Fair Booklet visit SYDENHAMFALLFAIR.COM or contact Rachel Taylor at Rachel.Ann.Taylor.OS@gmail.com

SCHOOL CASH ONLINE

We now offer the convenience of online payments to parents. This will also assist with the reduction of cash and cheques coming into our school. No more looking for exact change with baggies in the morning. Register Online at [https:// bwdsb.schoolcashonline.com](https://bwdsb.schoolcashonline.com)

Please review these articles to help your child with the first few days of school:

Back to school Wellness Tips:

http://www.bwdsb.on.ca/home%20page?plugin=RWD&Templates=RWD&object=http://www.bwdsb.on.ca/BWDSB_WebNews/S0803184F-08031888&infobar=no

Preparing Healthy Meals: <https://shorelinetoday.ca/2019/08/29/preparing-meals-for-kids-heading-back-to-school/>